SPRING 2019

A MARRIAGE-AND-FAMILY SERIES FOR THE REST OF US















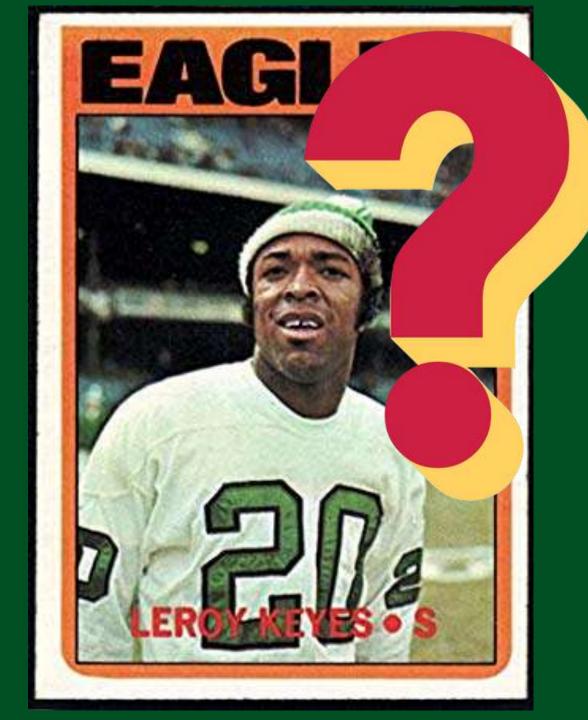


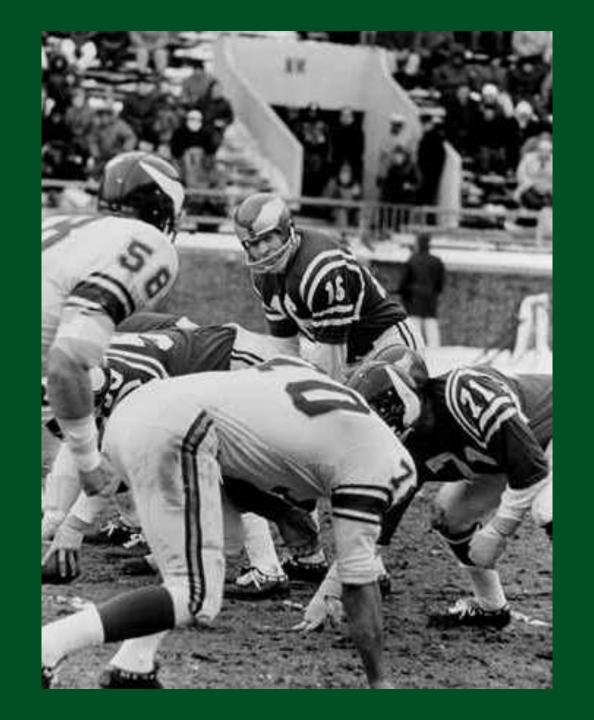






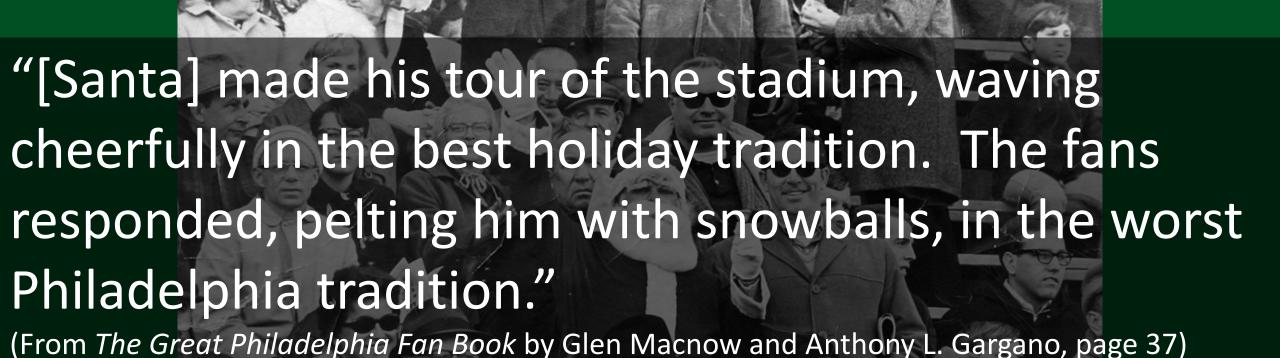














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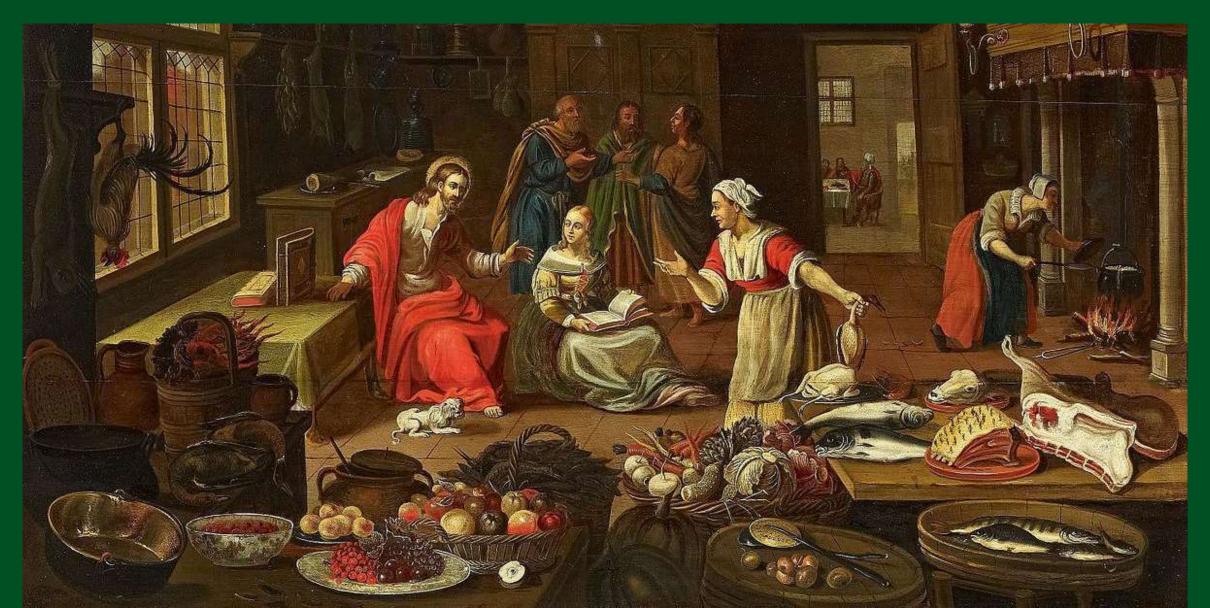
IF IT'S NOT ONE

THING...



Luke 10:38-42 May 19, 2019

Luke 11:38-42 (ESV): "Now as they went on their way, Jesus entered a village. And a woman named Martha welcomed him into her house. 39 And she had a sister called Mary, who sat at the Lord's feet and listened to his teaching. 40 But Martha was distracted with much serving. And she went up to him and said, 'Lord, do you not care that my sister has left me to serve alone? Tell her then to help me.' 41 But the Lord answered her, 'Martha, Martha, you are anxious and troubled about many things, 42 but one thing is necessary. Mary has chosen the good portion, which will not be taken away from her."





IF IT'S NOT ONE

THING...



Luke 10:38-42 May 19, 2019

Main Point: THE ONE THING SEPARATING MARY FROM MARTHA IS THE ONE THING.

Mark 6:41: "He also **divided** up the two fish among them all."

Matthew 6:33-34 (ESV): "But seek first the kingdom of God and his righteousness, and all these things will be added to you. 34 Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble."



IF IT'S NOT ONE

THING...



Luke 10:38-42 May 19, 2019

Application: DON'T TRY TO FOCUS ON **EVERYTHING AT** ONE TIME; JUST TRY TO FOCUS ON ONE THING FOR EVERY TIME.

Proverbs 3:13-14 (ESV): "Brothers, I do not consider that I have made it my own. But **one thing** I do: forgetting what lies behind and straining forward to what lies ahead, **14** I press on toward the goal for the prize of the upward call of God in Christ Jesus."

Psalm 27:4 (ESV): "One thing have I asked of the LORD, that will I seek after: that I may dwell in the house of the LORD all the days of my life, to gaze upon the beauty of the LORD and to inquire in his temple."

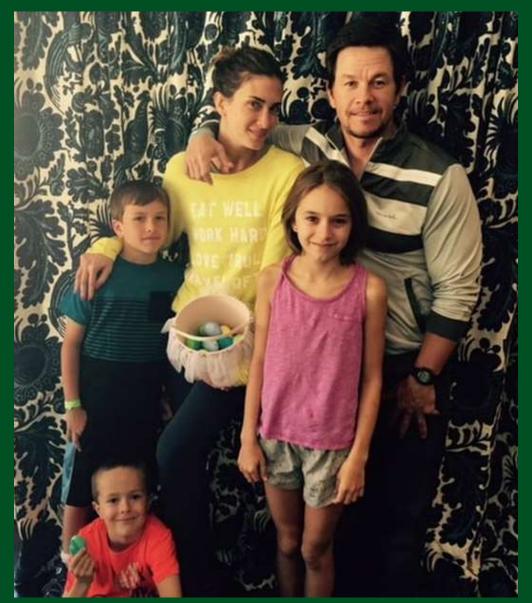
Mark 10:21 (ESV): "And Jesus, looking at him, loved him, and said to him, 'You lack **one thing**: go, sell all that you have and give to the poor, and you will have treasure in heaven; and come, follow me."

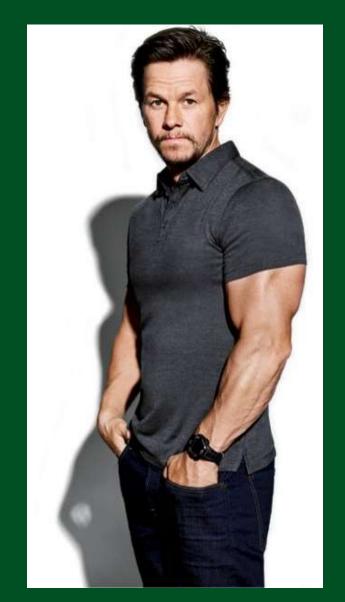






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Typical daily schedule:
2:30am wake up
2:45am prayer time
3:15am breakfast
3:40-5:15am workout
5:30am post-workout meal
6:00am shower
7:30am golf
8:00am snack
9:30am cryo chamber recovery
10:30am snack
11:00am family time/
meetings/work calls
1:00pm lunch
2:00pm meetings/work calls
3:00pm pick up kids @ school
3:30pm snack
4:00pm workout #2
5:00pm shower
5:30pm dinner/family time
7:30pm bedtime
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IF IT'S NOT ONE

THING...



Luke 10:38-42 May 19, 2019 **SPRING 2019**

NEXT WEEK: PSALM 8